



'Love. Create. Shine.' Consultation with Jessica Chilton

Pre-Call Questionnaire:

*(Please complete after taking **SPARK's** Creative Wellness Assessment; save as [Your Name]; email to Jessica@sparkcreativewellness.com the day before your consultation.)*

1. Name:
2. Email:
3. Mailing Address:
4. What challenges stand between you and “loving who you are”? (Refer to Creative Wellness Assessment as well as your own daily life experiences.)
5. What challenges stand between you and “creating your most satisfying life”? (Refer to Creative Wellness Assessment as well as your own daily life experiences.)
6. What challenges stand between you and “letting your **SPARK** fully shine”? (Refer to Creative Wellness Assessment as well as your own daily life experiences.)

